

MIDNÆTTI AND LOST WATCH PRESENT

Á EIGIN FÓTUM (OWN TWO FEET)

A NEW PLAY FOR CHILDREN



MIDNÆTTI

LOST
WATCH



“Almost like magic”

Fréttablaðið, National Newspaper
of Iceland

Á eigin fótum (meaning "**Own Two Feet**" in Icelandic) is a **new play without words and featuring live music** for children aged 2 and above and their families. *Own Two Feet* is an international collaboration between Icelandic Theatre Company Miðnætti, who are **internationally recognised for their outstanding work in theatre for young audiences** and multi award winning British Theatre Company, Lost Watch. *Own Two Feet* premiered to great critical acclaim in Reykjavik Iceland in 2017 and has recently toured to sold out audiences in Greenland's capital, Nuuk at the Katuaq Culture Centre.

Inspired by both Bunraku and object manipulation puppetry styles, **Own Two Feet** is a visually stunning show with a **folk and country inspired musical score**. It's main character, Ninna (played by a bunraku style puppet), is an adventurous and mischievous 5 year old girl who is experiencing life in the countryside for the first time. Puppet animals, including Snati the dog, a cow and a pig, are created from objects already on stage and they help Ninna find courage in new experiences.

With almost **no words** in the whole play and universal themes, the narrative is perfect for **audiences of all nationalities and backgrounds**. There is also the chance for all audiences to meet characters Ninna and Snati after the show.

Nominated for
**BEST CHILDRENS
SHOW 2017**
The Icelandic Stage Awards



Nominated for
**BEST MOVEMENT AND
CHOREOGRAPHY 2017**
The Icelandic Stage Awards



★★★★
Morgunblaðið, Iceland

★★★★
Fréttablaðið, Iceland



Midnætti is an Icelandic theatre company specialising in **works for young audiences**. They are one of the very few companies to be supported by the national education and arts ministry of Iceland in 2017. They have recently performed their hit show **Ronja at the National Theatre of Iceland to sold out performances**. **Lost Watch** are a **multi award winning Theatre Company** based in London. They are winners of the **NSDF Emerging Artist Award** in both 2013 and 2014 and are Associate Ensemble at world-renowned New Diorama Theatre, London. Their last show "Flew the Coop" has been nominated for **BEST ENSEMBLE at the Off West End Awards 2018**.

Agnes Wild (Director) on creating A eigin fótum (Own Two Feet): *"This is a story inspired by my Grandmother, Signý 'Ninna' Óskardóttir's, own memories of being sent to a farm to work for the summer when she was a small girl. The story is about friendship and courage and connects old and new times. This is something for the generations to enjoy together"*

**"Makes both the eyes
and the heart happy"**

Morgunblaðið, Iceland



BASIC TECH REQUIREMENTS

SPACE

- End on or thrust configuration
- Minimum of 4 metres by 4 metres with a height of 3 metres
- Set consists of two scenery flats (1.5m high), one wooden chest (60x90x70cm), one table (1m x 0.5m), one accordion, one violin and a small selection of props.

PERSONNEL

- 4 Actors
- 2 Musicians
- 1 Director/Lighting Operator
- 1 Stage Manager
- Total: 8 Persons
- One technician provided by venue to assist with technical get in, get out and programming cues.

RUNNING TIME

- 40 mins (Optional 20 min post-show meet and greet)

GET IN

- 4 Hours

GET OUT

- 1 Hour

LIGHTING AND SOUND

Being that all venues have slightly different sizes and configurations, the below specifications are flexible on a case-by-case basis. This is an approximate list of what instrumentation is desired.

Lighting:

- 6-8 Profiles (front lighting),
- 4 Profiles (specials),
- 6 Frenels (back lights),
- 4 Frenels (side lights),
- 2 moving heads (on each side downstage),
- 2 freestanding floodlights with blue gels

A full rig LX plan is available on request.

Sound:

- Sound is operated from the stage via a laptop, mixer and loop pedal (provided by the company)
- A full list of sound technical requirements is available on request.

OTHER INFORMATION AND ACTIVITIES AVAILABLE

- **Meet and Greet:** In addition to the 40 minute production, *Own Two Feet* also offers a post show interactive session where the the audience get to meet Ninna and the other characters of the play. This lasts approximately 20 minutes and is open to all ages.
- **Interactive programmes:** Included in the programmes for the show are colouring in sheets where the audience can colour in the characters from the play.
- Merchandise and associated products are also available.
- All supporting materials (programmes, marketing) is provided in English.
- All company members are fluent in English.



www.midnaetti.com

www.lostwatchtheatre.co.uk

For Booking requests or more information please contact *Rianna Dearden* on rianna@lostwatchtheatre.co.uk
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Lost Watch and Miðnætti are proudly supported by:



Example Marketing Materials

